



DEVELOPING TRANSFORMATIONAL SCHOOLS

RISE is invested in developing transformational schools. We know that lasting change happens when there is ongoing attention to WHAT is learned and HOW it is implemented. We believe in: building awareness and knowledge, developing supportive environments, expanding educator skills and wellbeing and adopting trauma responsive, culturally responsive practices.

Sustainable solutions require multi-faceted implementation supports offered over extended periods of time. RISE offers whole school professional development, leadership team trauma-responsive initiative supports, workshops delivered in small professional learning cohorts, scaffolded planning and reflection, and one-on-one coaching. We tailor our implementation plan to align with complementary district and institutional initiatives. Our approach is based on research that shows initial training or professional development only sets the foundation for practice change, while skills practice, coaching and consultation are required for lasting change. Transformation is the work of many, over time, for the benefit of all.

Activating Knowledge through Whole School Professional Development: RISE provides whole-school professional development to begin building collective understanding of the key ingredients and shared elements of trauma-responsivity, resilience, social emotional learning, wellbeing, and cultural-responsivity. Educators learn to apply a trauma-responsive lens to the social emotional learning programs schools have adopted and district-mandated goals.

Designing Intentional Environments: RISE provides professional development and scaffolded planning and practice to assist educators in designing trauma-responsive, resilience-promoting environments. These environments rely on five clearly defined supporting structures: Routine, Ritual, Rhythm, Order, Roles and Responsibilities.

Investing in Educator Wellbeing and Personal Development: RISE emphasizes educator wellbeing and social emotional skills as integral to educator effectiveness and relationship building. Research is clear that the primary way that young people learn *and* the primary source of youth resilience, wellbeing, and social-emotional skill development is through their interactions and relationships with adults. As educators expand capacity for self-awareness, social awareness, self-management and self-care, schools increase capacity to be trauma-responsive, resilience-promoting, social-emotional and achievement-oriented, and culturally-responsive for students.

Elevating Student Experiences through Skillful Interactions: RISE utilizes small-group professional learning cohorts, guided skills practice, and individualized coaching to teach educators specific skills for interacting with students in the very ways that promote resilience. Educators learn to **engage** students in social emotional skill development throughout the school day, integrated in academic and arts curriculum, by both **modeling** and **teaching** self-management, relationship skills and responsible decision making.