## LifeSkills Training High School Program: Placement Examples

Below are a few examples of how schools could deliver the LifeSkills Training High School curriculum. To the extent possible, CSPV will work with individual schools to make sure LST fits in their context.

School A is a small, rural, K-12 private school with around 30 9th graders. This school trained their health and physical education teacher to provide the curriculum as part of the existing health and gym class time. The sessions were taught once per week, 45 minutes each, over the course of three months until all 10 sessions were taught.

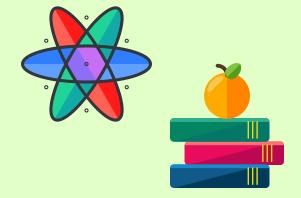




School B is a suburban junior/senior high school with 150 9th graders. This school partnered with local public health nurses from the county human services department to co-facilitate the curriculum. LST was taught as a "mini-series", with a lesson taught every day for two consecutive weeks until the full curriculum (10 sessions) was complete.

School C is an urban high school with 300 10th graders. This school trained an interdisciplinary set of teachers, counselors, and resource officers to teach the curriculum during the school's advisory period. They scheduled two LST sessions per week for consecutive weeks until all 10 sessions were delivered to all students.





School District D includes four high schools that are all implementing LST in their own unique way. Curricular homes include social studies, science, language arts, and a special elective LST rotation in which all students are enrolled. Schedules vary by school, and all students receive a lesson at least weekly.