



GRANT ANNOUNCEMENT FOR A HIGH SCHOOL DRUG PREVENTION PROGRAM PREVENTION: NEVER TOO EARLY, NEVER TOO LATE

The University of Colorado Boulder is seeking schools containing grade 9 or 10 in select states to implement the [Botvin LifeSkills Training \(LST\) High School program](#).

We have learned about program replication successes and challenges by helping more than 500 school districts around the country implement the LifeSkills Training programs. This grant allows CU Boulder to provide two years of training and program materials to eligible schools, districts, and education agencies, beginning in Fall 2024.

For more information about the LST program and the Prevention Science Program, please visit:
<http://www.lifeskillstraining.com/> <https://ibsweb.colorado.edu/prevention-science/>

Botvin LifeSkills Training High School Program Highlights

- 10 45-minute class sessions for 9th or 10th grade.
- Evidence of effectiveness.
- Skills to reduce stress and anxiety and increase well-being.
- Substance abuse and violence prevention.
- Guidance to integrate vaping prevention topics into relevant lessons.
- Aligns with standards for health education.

Schools Receive (at no cost)

- Two years of LST curriculum materials, including student guides and teacher manuals.
- Teacher training workshops for all personnel delivering the program.
- Stipends or substitute pay reimbursement for teachers attending training workshops.
- Ongoing technical assistance, as requested (telephone, video conferencing, email, or in-person).
- Training-of-Trainers (TOT) workshops for interested persons.
- Regional workshops to help sites design and implement effective financing and sustainability strategies.
- Feedback reports detailing implementation fidelity, successes, and recommendations.

Requirements

- School, district, or educational agency serving grade 9 or 10.
- Support by schools and teacher and commitment to program integrity.
- Assign a “site coordinator” in the district to oversee and champion the LST effort.
- Allow CU Boulder to monitor fidelity through lesson observations, feedback surveys, and a site visit.
- Provide aggregate demographics (gender and ethnicity) of students receiving program.

No other reporting is required of grantees.

Grant Application & Selection Process

- **Brief application** (~30 minutes) describing the district’s plans for implementation and coordination (due by **February 13, 2024**). *If multiple schools within your district plan to apply, please submit one application for the entire system; the Participating Schools Form toward the end of the application will request school-level details.*
- **Letter of commitment** signed by school principal of each participating school and the district superintendent to signify support for the program and intent to implement LST High School with fidelity and integrity to the model.
- **Feasibility meeting (2-hours)** with the site coordinator as well as an administrator and lead teacher from each participating school to provide an overview of LST, discuss evaluation components, and implementation plans.
- **Receive notification** of award status in Spring 2024, with implementation for grantees beginning in Fall 2024.

Application Information: <https://ibsweb.colorado.edu/lst-implementation/grant-opportunities/>

Online Application: [LST High School Online Application](#)

Funding Source

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