

GRANT ANNOUNCEMENT

FOR A MIDDLE SCHOOL DRUG PREVENTION PROGRAM

The <u>Prevention Science Program</u> at the University of Colorado Boulder is seeking schools containing grades 6-8 or 7-9 in select states to implement the <u>Botvin LifeSkills Training (LST) Middle School program</u>.

We have learned about program replication successes and challenges by coaching more than 1,000 school districts around the country implement the Botvin *LifeSkills Training* programs. The LST Middle School Program is a Model Plus program on the premier registry for evidence-based programs, <u>Blueprints for Healthy Youth Development</u>. Our grant provides three years of training and program materials to eligible schools, districts, and education agencies, beginning in Fall 2025.

Botvin LifeSkills Training Middle School Program Highlights

- A total of 30 45-minute class sessions spread across three grade levels (6-8 or 7-9).
- Experimentally-proven.
- Competence enhancement curriculum that builds personal self-management skills, social skills, and drug and violence resistance skills.
- Guidance to integrate vaping prevention topics into relevant lessons.
- Aligns with standards for health education.

Schools Receive (at no cost)

- Curriculum Materials: Three years of LST materials, including student guides and teacher manuals.
- **Teacher Training:** Workshops for all educators who will deliver the program, with stipends or substitute pay reimbursement provided.
- **Ongoing Support:** Access to technical assistance and capacity-building workshops (Training-of-Trainers Workshops and Strategic Sustainability Workshops) to help sustain and finance the program long-term.
- **Teacher Appreciation:** \$100 gift card to LST teachers after implementation and survey completion.
- Site Coordinator Appreciation: Up to \$100 gift card for LST site coordination, dependent on size of site.
- Feedback Reports: Personalized reports detailing implementation fidelity, successes, and recommendations.

Requirements

- School, district, or educational agency serving grades 6-8 or 7-9.
- Support by schools and instructors, with commitment to implementation guidelines for program integrity.
- Identify a "Site Coordinator" and "Co-Coordinator" in the district to oversee and champion the LST effort.
- Allow CU Boulder to monitor fidelity through lesson observations, feedback surveys, and a site visit.
- Provide aggregate demographics (gender and race/ethnicity) of students receiving program.

Grant Application

The short application describes aspects of the district and the implementation and coordination plans for the Botvin *LifeSkills Training* program. <u>Submissions by December 3, 2024 are non-competitive</u>, meaning guaranteed to be awarded following completion of a 60-90 minute feasibility meeting, as long as fidelity guidelines are met. Applications submitted after December 3, 2024 are competitively reviewed and awarded. The final deadline is February 3, 2025. *If multiple schools within your district plan to apply, submit one application for the entire system. The Participating Schools Form toward the end of the application will request school-level details.* All sites will be selected by the conclusion of the 2024-2025 school year and implementation will begin in Fall 2025.

Application Information: <u>https://ibsweb.colorado.edu/lst-implementation/grant-opportunities/</u> Online Application: <u>LST Middle School Online Application</u>

Funding Source

Funding for this initiative is provided to the University of Colorado Boulder by Altria Client Services on behalf of Philip Morris USA, John Middleton Co., and U.S. Smokeless Tobacco Company LLC.